"THE FUTURE OF SUSTAINABLE FOOD LABELLING"













SESSION 1- UNDERSTANDING OF FOOD SUSTAINABILITY



Violeta Stancu MAPP Centre



Michael Minter CONCITO

19 APRIL 2023



Ditte Revsbæk Hansen **Danish Crown**



FOOD SUSTAINABILITY UNDERSTANDING AMONG THE NORDIC-BALTIC CONSUMER-CITIZENS



Violeta Stancu, Susanne Pedersen, Tino Bech-Larsen, Jessica Aschemann-Witzel



WHAT IS SUSTAINABILITY?

"meeting the needs of the present without compromising the ability of future generations to meet their own needs"

- needs of humanity and especially the poor, and
- ☐ **limitations** "imposed by the state of technology and social organization on the environment's ability to meet present and future needs" (WECD, 1987)

Seen to consist of three pillars (van Bussel et al., 2022; Elkington, 2018)

ECONOMIC

SOCIAL

ENVIRONMENT

SUSTAINABLE GALS





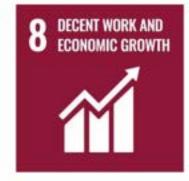


























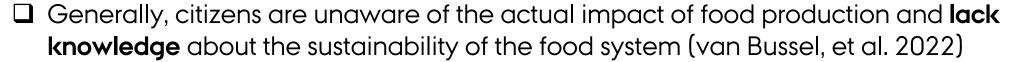






WHAT DO WE KNOW ABOUT CONSUMER-CITIZENS UNDERSTANDING OF SUSTAINABILITY?

Citizens are concerned about sustainability in general, however, less concerned at product level (Grunert et al., 2014)
Citizens are familiar with the environmental aspects of sustainability, but are less aware of other aspects that sustainability entails (Peano et al., 2019, Grunert et al., 2014, van Bussel et al., 2022, Stancu et al., 2021)
Citizens can guess the correct meaning of certain sustainability-related labels (Grunert et al., 2014)







BACKGROUND AND AIM

- ☐ There are increasingly calls for a unified sustainability labelling scheme in the food area in order to empower consumers
- ☐ The knowledge of how consumer-citizens currently understand sustainability in a food context is key in supporting efforts to develop such a scheme

AIM

☐ To assess how Nordic-Baltic consumer-citizens understand sustainability in food

Funding

The "Food sustainability understanding in the Nordic-Baltic region" project is funded by the Nordic Working Group for Healthy, Safe and Sustainable Diet (HSSD) under the Nordic Council of Ministers





OUR APPROACH

- ☐ Quantitative online survey, circa 15 min
- Nordic-Baltic countries



- ☐ Representative samples on age, gender and region, except in Iceland
 - N= 600 per country, except in Iceland (N=109)

WHAT DOES SUSTAINABILITY MEAN TO CONSUMER-CITIZENS



WHAT DO YOU THINK 'SUSTAINABILITY' MEANS? WRITE THE FIRST 3 TO 5 WORDS THAT COME TO MIND.

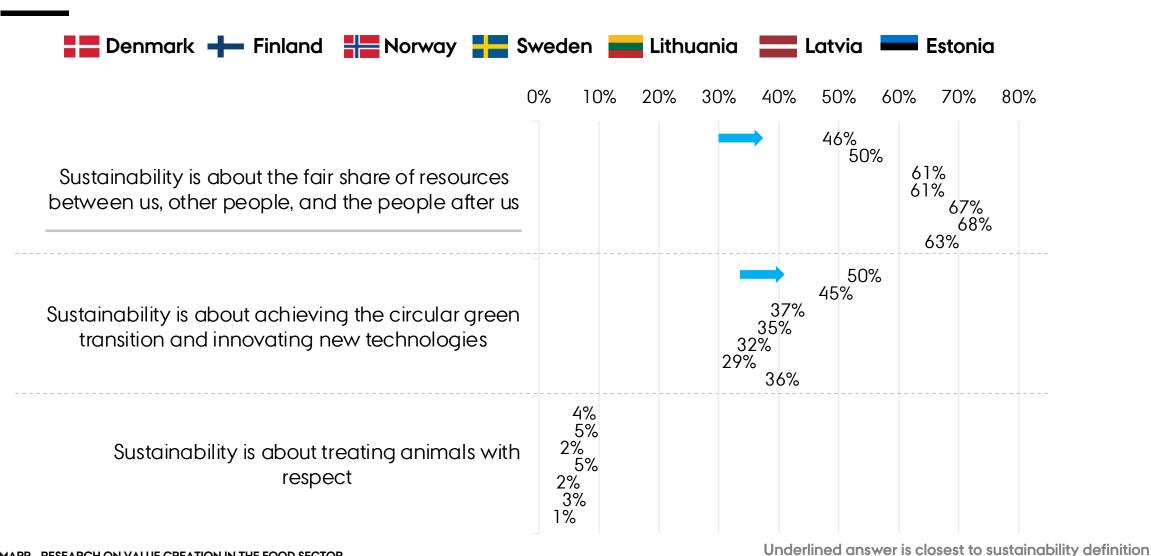


Top ten most common concepts mentioned in Denmark





Q2.1. IF SOMEONE WOULD TELL YOU WHAT SUSTAINABILITY MEANS ... TO WHICH OF THESE EXPLANATIONS DO YOU AGREE MOST?



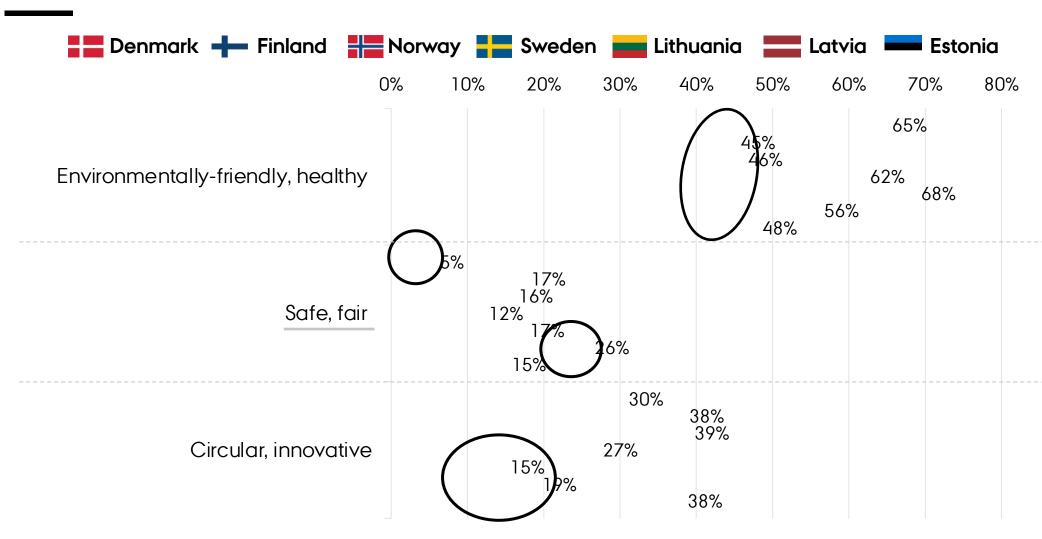


osest to sustainability definition



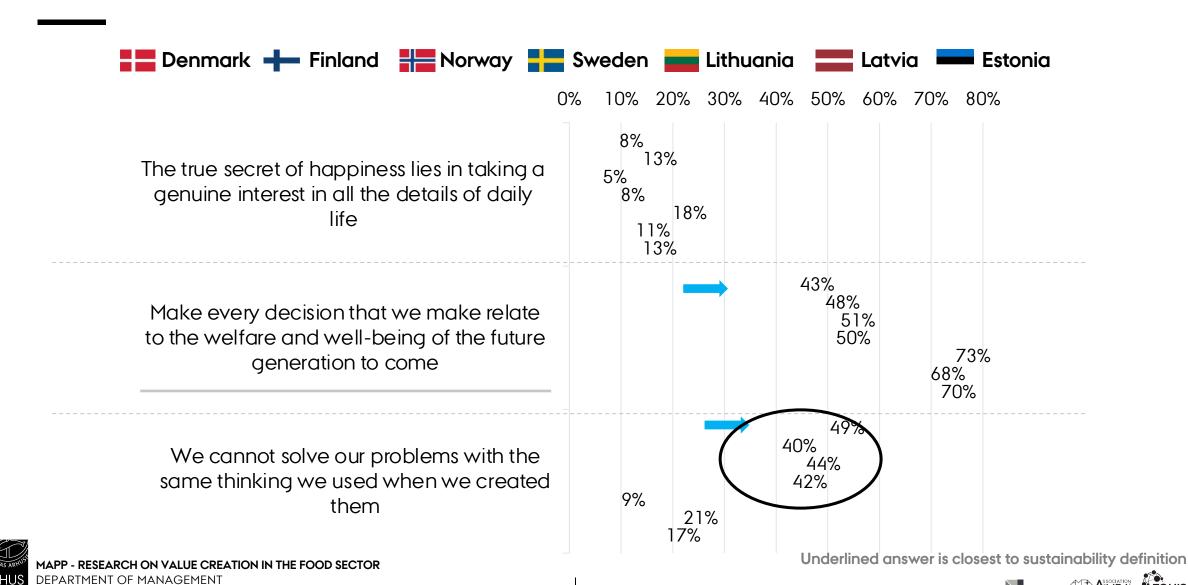


Q2.2. WHICH OF THE FOLLOWING WORDS FIT BEST TO WHAT YOU THINK **SUSTAINABILITY IS?**





Q2.4. WHICH OF THESE SAYINGS BEST EXPRESSES SUSTAINABILITY FOR YOU?



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WHAT DOES SUSTAINABILITY IN FOOD MEAN TO CONSUMER-CITIZENS



Q3. THINKING ABOUT FOOD SUSTAINABILITY, PLEASE RANK THE FOLLOWING DIMENSIONS BASED ON HOW IMPORTANT YOU THINK THEY ARE, STARTING FROM THE MOST IMPORTANT (1) TO THE LEAST IMPORTANT (10).

	Denmark		Finland		Norway		Sweden		Lithuania		Latvia		Estonia	
Most important		Pollution reduction Climate change prevention		Health Pollution reduction Climate change prevention		Pollution reduction Climate change prevention		Nature preservation	<u> </u>	Health Pollution reduction Nature preservation		Health		Health
Second most important		Nature preservation		Nature preservation Animal welfare		Nature preservation Biodiversity		Pollution reduction Climate change prevention		Climate change prevention		Nature preservation Pollution reduction		Nature preservation Pollution reduction
Least important		Culture		Culture Economic growth		Culture		Culture		Culture		Culture		Culture



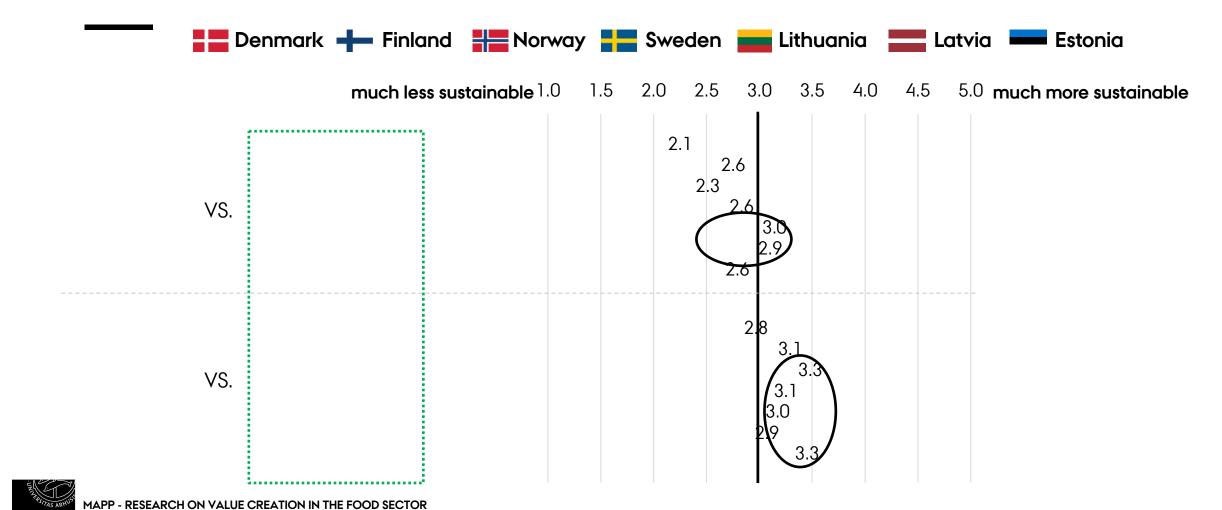


Q4. FROM THIS LIST, WHICH OF THE FOLLOWING ISSUES DO YOU THINK HAVE SOMETHING TO DO WITH FOOD SUSTAINABILITY? PLEASE SELECT ANY THAT YOU THINK APPLY.

	Denmark	Finland	Norway	Sweden	Lithuania	Latvia	Estonia
Three most frequently selected per country	%	%	%	%	%	%	%
Less food waste	79%	84%	76%	71%	75%	62%	79%
Recyclable packaging	67%	75%	65%	71%	67%	55%	68%
Local or short supply	57%	71%	63%	70%	37%	31%	65%
chain	07 78	7 1 70	0078	7 6 70	07 78	0176	3373
Less energy used to	70%	57%	64%	64%	40%	35%	57%
transport products	7 678	07 70	C 170	0 170	1070	0070	07 70
Minimising carbon							
emissions when	77%	59%	62%	67%	47%	32%	45%
producing goods							
Less packaging	59%	69%	63%	60%	65%	40%	68%
Reducing the amount of	f						
pesticides used in food	62%	58%	56%	67%	53%	52%	62%
production							
□ Reducing deforestation	60%	64%	64%	63%	46%	37%	59%
of the rain forest		3 ./ 3				.	.



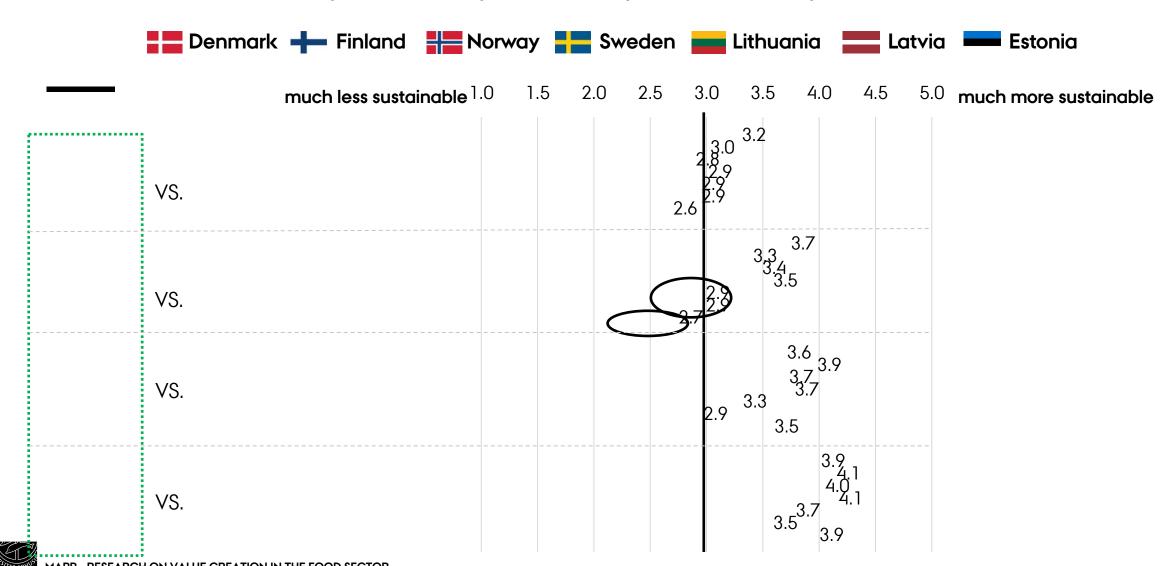
Q7. FOOD PRODUCTS VARY IN THE EXTENT TO WHICH THEY CAN BE SEEN AS SUSTAINABLE. PLEASE COMPARE THE FOODS BELOW IN TERMS OF HOW SUSTAINABLE YOU THINK THEY ARE. HOW SUSTAINABLE IS ...(E.G. BEEF) VERSUS (E.G. CHICKEN)....?



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Q7. ...

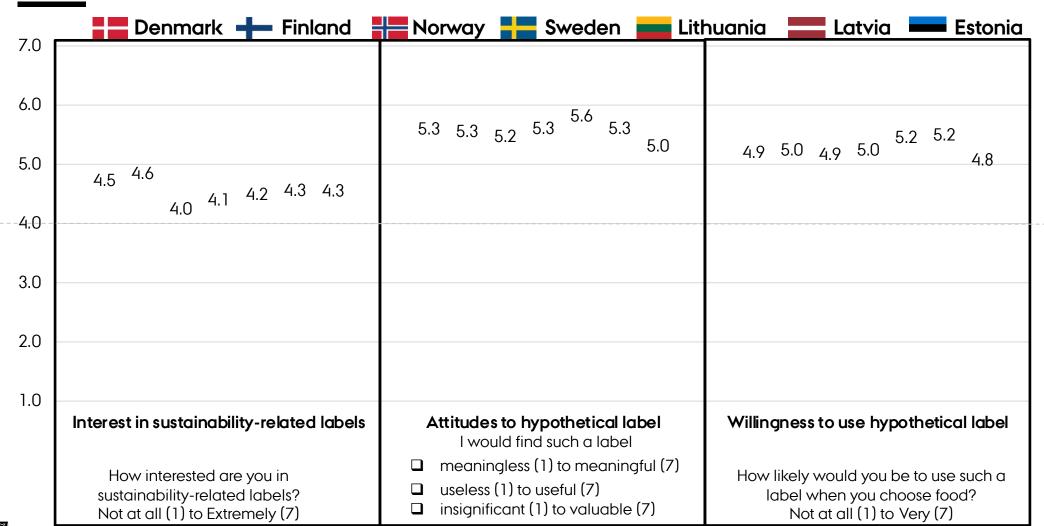
HOW SUSTAINABLE IS ...(E.G. TOFU) VERSUS (E.G. CHEESE)....?



OPENNESS TOWARDS SUSTAINABILITY LABELLING



INTEREST IN SUSTAINABILITY LABELS, ATTITUDE AND WILLINGNESS TO USE OF HYPOTHETICAL UNIFIED LABEL







CONCLUSIONS AND IMPLICATIONS



CONCLUSIONS AND IMPLICATIONS – SUSTAINABILITY UNDERSTANDING

- ☐ Most important dimensions of sustainability relate to the environment and health
 - Other aspects of sustainability, e.g. social, should be communicated about maybe by taking point of departure in the aspects that citizens know about already in order to better resonate with them
- ☐ The Nordic countries clearly believe that the **current problems need new ways of thinking** to be solved
- ☐ Citizens have **difficulties differentiating between products** in terms of sustainability, thus communication on this should be improved
- Citizens are positive towards and willing to use a common EU sustainability label that would take into account various aspects of sustainability



Thank you for your time!

Questions or Comments?

We would like to acknowledge the members of our Steering group for their input to this study



MAPP - RESEARCH ON VALUE CREATION IN THE FOOD SECTOR

DEPARTMENT OF MANAGEMENT AARHUS UNIVERSITY





About CONCITO











Companies









Scientists





Daka







Organisations

Young active

















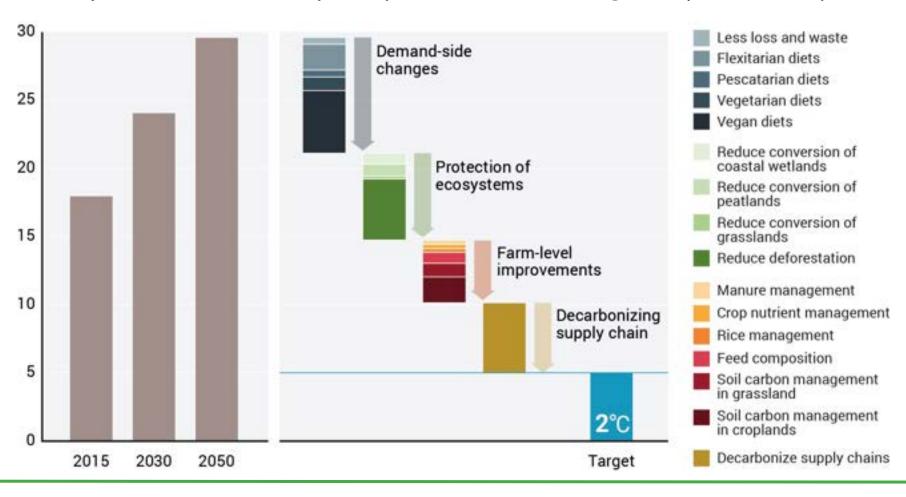






The food gap and possible solutions

Food system emissions trajectory and technical mitigation potentials by 2050



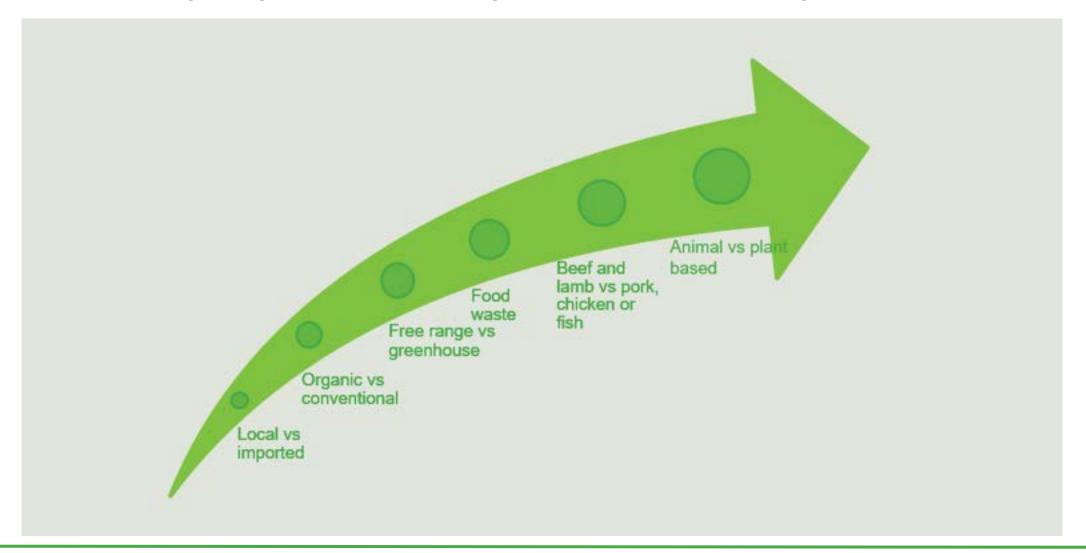
Emissions are projected to increase by up 60-90% by 2050

4 transformation domains identified

A combination of measures will be needed to transform food systems in line with emissions-reductions targets and pathways



Climate proportions in place – food types essential

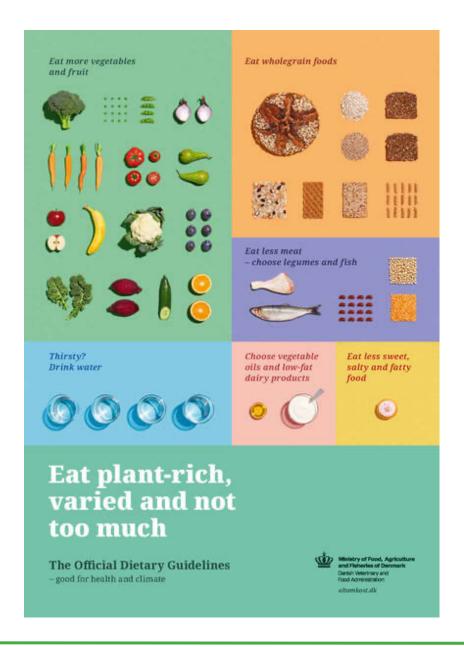




The single most important transformation:

Shifting diets!







Four key barriers to the food transition

1 2 3 4





Perverse price signals



Promotion and greenwashing





Lack of information on climate



Lack of plant based cooking skills







Average carbon footprint of 500 food products

Initiated and published by



Calculated by:



Supported by:









Background

Climate database

CONCITO



Key features of the database



Free access for all



Unique transparency on data and references



Carbon footprint split up into different elements of the supply chain



Consistent LCA-model and calculation of all products



Easily applicable to the food market of other countries



the big **CLIMATE DATABASE**Varion 1

Meat and poultry generally have high climate footprints:

•	Turkey	2-3 kg CO2e/kg
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Chicken
 2-4 kg CO2e/kg

• Game 2.5 CO2e/kg

• Pork 3–5.5 kg CO2e/kg

• Lamb 25–27.5 kg CO2e/kg

Beef 31–152 kg CO2e/kg

Seafood varies significantly in footprint:

• Mussels, oysters, etc. 0.2–1 kg CO2e/kg

Herring, salmon, bream, etc.
 9-17 kg CO2e/kg

Dairy products have medium-high to high footprints:

• Milk 0.5-1 kg CO2e/kg

Whipping cream
 2 kg CO2e/kg

Butter
 4 kg CO2e/kg

Cheese 3-7.5 kg CO2e/kg

Fruit and vegetables have the lowest footprints:

• Raw fruit 0.1–3 kg CO2e/kg

• Raw vegetables 0.1-4 kg CO2e/kg

Pepper/fresh herbs
 1-3 kg CO2e/kg

Legumes
 1-3 kg CO2e/kg

Frozen/dried fruit 0.5-4 kg CO2e/kg

Bread and processed foods have medium-high footprints:

Food grains
 1 kg CO2e/kg

Bread, grains
 1–2 kg CO2e/kg

Rice 1.5 kg CO2e/kg

Pasta 1.5 kg CO2e/kg

Cake, biscuits 2–3 kg CO2e/kg

Mushrooms are in the low end for vegetables:

Champignon, oyster mushroom
 0.5 kg CO2e/kg

Plant-based alternatives generally have low footprints:

Plant-based beverages
 0.5-3.5 kg CO2e/kg

Vegan mince/burgers
 1-2 kg CO2e/kg



Status

- Launched in February 2021
- Approx 150.000 visits, 500.000 pageviews, 5.000 downloads
- Nordic Council Environment prize 2021
- Version 1.1 to be launched spring 2023

Selected examples:

- Climate labelling pilot in Netto and Coop (retailers)
- Climate scores on recipes in Føtex (retailer)
- GHG reduction target in Meyers (catering)
- GHG results on food types in Danish Cater (wholesale)
- Educational material for primary school







Status – use in public procurement

- At least 13 municipalities, regions and the state use climate data in public procurement targets and kitchens.
- 7 of them directly or indirectly based on The Big Climate Database.



CLIMAAFGIFT Limited 6 min.

I Aarhus Kommune har afgifter på oksekød nedbragt forbruget med over 30 procent

Det er blevet 32,50 kroner dyrere for et kommunalt køkken at købe et kilo hakket oksekød i Aarhus. Afgiften har nedbragt forbruget med over 30 procent. Aarhus gør en indsats for Danmarks reduktionsmål, siger kommunen







CO2e of 1 kg minced beef vs minced pork and vegetables





Plans and ambitions



Version 1.1. medio 2023 with adjustments and corrections based on feedback



Further communication and roll-out in Danish foodsector, municipalities etc.



Examining and developing the potential of the tool at EU and international level



Thank you!

Read more

concito.dk

denstoreklimadatabase.dk

Contact

Michael Minter, mm@concito.dk



More food on less land

CONCITO's Food Program aims to promote climate friendly and sestainable food systems, consumption publishes, and lifestyles in a visionary and constructive way.

The global front system and our consumption of material goods are putting creature on the planet and the climate. The food system is responsible for about 20% of global greenhouse gas emissions and needs to be transformed along the entire value chain from term to task. The challenge is particularly remarkable in a country like Denmark, with high arrival production and communitation. The consumption of material consumer goods is the largest individual climate burden, and it also required a transformation of our computation others are distributed.

Through it movietips gathwring, dislingue, dissemination, and advocacy, we blentify and promote possible solutions for the green transition based on the latest Danish and international Autowindigs. We work in an evidence based, independent, combuctive and programtic way, heighing to keep the focus on the expends elements of the transition.

In the Except opens, we focus on

- Promoting a less climate intensive food production through land-efficient and line-impact production inethods in agriculture and the food industry.
- 2 Promoting climate freezile food habits through better climate data and information, and setter supply in the process and food service section.
- 3 Promoting climate Arends and sustainable consumption patherns and Mexives.







Together, we are creating a more sustainable future for food



Danish Crown in brief FY 21/22





5,404

Danish farmers own
Danish Crown



26,600

Employees



64 billion

Revenue in DKK



Being the supplier of 49 billion meals comes with a responsibility







Our ambition is to be a successful and leading player in sustainable meat production by 2030

Jais Valeur
CEO of Danish Crown

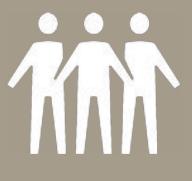




Sustainable farming



Sustainable production



Good jobs for everyone



Together with customers and consumers



Together with customers and consumers

Consumers and products

Life cycle assessment

Meeting customer demand

We strive to earn the confidence of customers and consumers and meet their needs for healthy, safe and responsible food



We support target 2.1 by supplying safe and nourishing food all over the world.



We support targets 12.1 and 12.2 by encouraging sustainable consumption, sustainable management and efficient use of natural resources.



We support target 17.H by encouraging sustainable consumption and production patterns and by participating in effective partnerships.

In our 2022 consumer study*, we found that consumers struggle in making sustainable food choices – but that they are motivated for it

Consumers want to act sustainable

Sustainability is on the consumers' radar and they see it as a subject full of complexities which is hard to handle. Therefore, they are navigating towards ideal states for sustainability.

Food is an occasion for sustainable decision-making

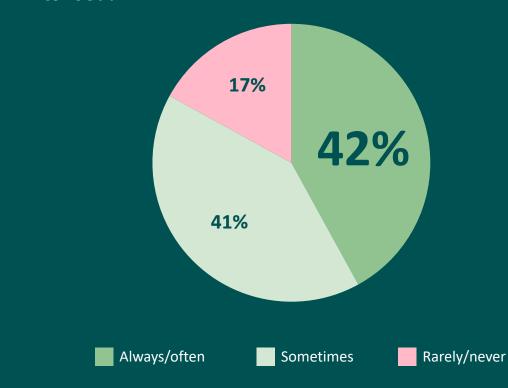
Food is a daily occasion for consumers to take action. However, they find it difficult to do so. Therefor, they seek guidance on how to make sustainable food choices.

A climate label can ease sustainable decision-making

In a different study**, we found that **46**% of Danish consumers find it difficult to make sustainable choices.

At the same time, **63%** says certificates drive choices, hence, a climate label could ease the ability to make sustainable choices.

How often are consumers acting sustainable in relation to food?



We have different ways of helping consumers navigate towards a more sustainable behaviour













HEALTH

NATURE

FOOD WASTE

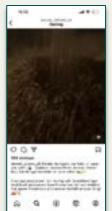
PACKAGING



















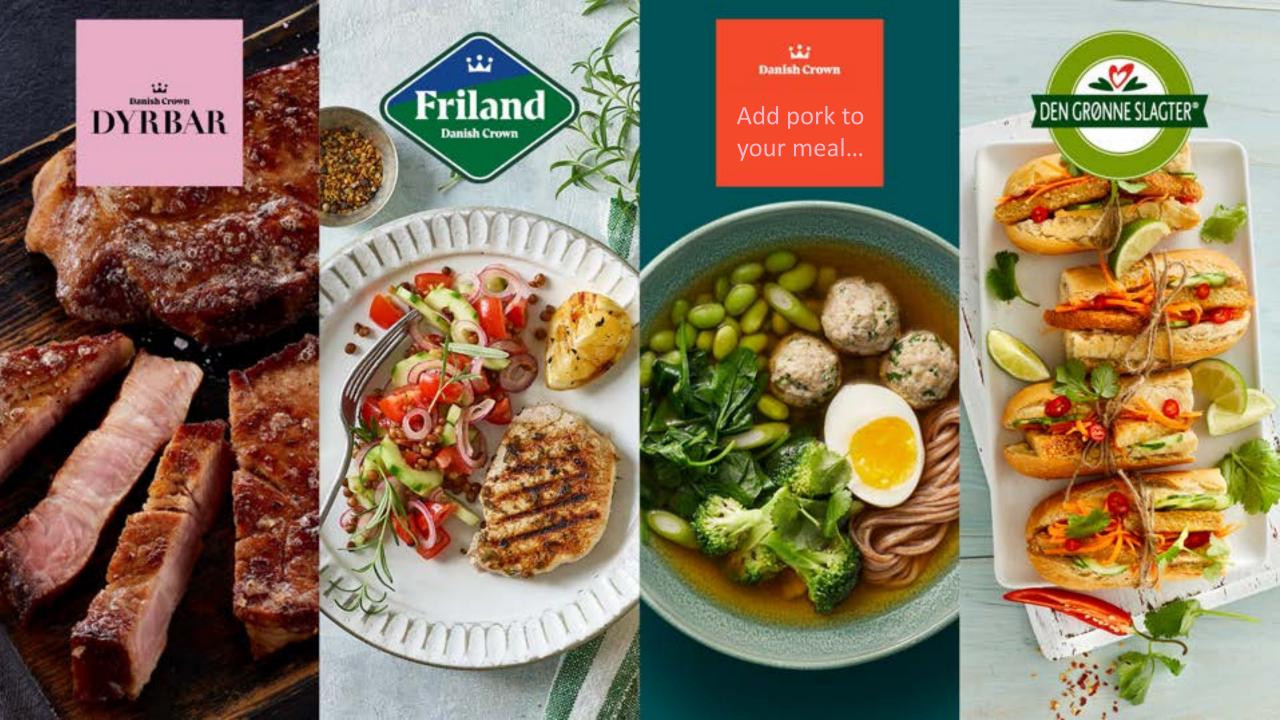




Primary data is in place through our internal LCA model and we are ready to share the footprint of our products with the end consumers









Better Food. Brighter Future.

SESSION 2 - DESIGN AND COMMUNICATION OF SUSTAINABLE FOOD LABELS



Gabriele Torma MAPP Centre



Catrine Normann **Danish Competition and Consumer Authority**

19 APRIL 2023



Benjamin Heco Hecoetal





TOO MUCH, TOO COMPLEX, TOO SIMILAR -

CAN META LABELS SUPPORT NAVIGATION IN THE SUSTAINABILITY LABELLING LANDSCAPE?

Gabriele Torma

Post-Doctoral Researcher

MAPP centre

Aarhus University





RELEVANCE

- More than 450 sustainability labels worldwide
- A tool to make the "right choice" the "easy choice"
- Credence attribute → Search attribute
 - you know what to look for
 - > for those who care

TYPES OF SUSTAINABILITY LABEL

- (Quasi-) Mandatory or voluntary
- Binary or multilevel
- Positive or negative
- One or multi dimensional











PROBLEM



- Too many, too complex, too similar?
- Who knows what specific sustainability labels actually mean and how they differ from each other?

- ➤ Overload
- > Tradeoffs

TRADEOFFS BETWEEN LABELS

- Different label combinations on one product can lead to trade-offs for consumers about different sustainability dimensions
- Study on the effect of different multi-level sustainability labels: animal welfare, climate, an (binary) organic, and a nutritional label
- Consumers can handle <u>two</u> different types of labels at the same time
- The effects of a negative label on WTP cannot be compensated by a positive label.





META SUSTAINABILITY LABEL

A meta sustainability label scheme "condenses existing product-labels and other communication measures into an overarching Sustainability message in order to enable household consumers better to align purchase decisions with Sustainable Development goals."

A meta-sustainability label could **replace** the diverse single-issue **sustainability labels** included in their study and would **satisfy 84% of consumers**.

Janßen, D., & Langen, N. (2017). The bunch of sustainability labels – Do consumers differentiate? Journal of Cleaner Production, 143, 1233-1245.

Dendler, L. (2014). Sustainability meta labelling: An effective measure to facilitate more sustainable consumption and production? Journal of Cleaner Production, 63, 74-83.

RESULTS OF LITERATURE REVIEW



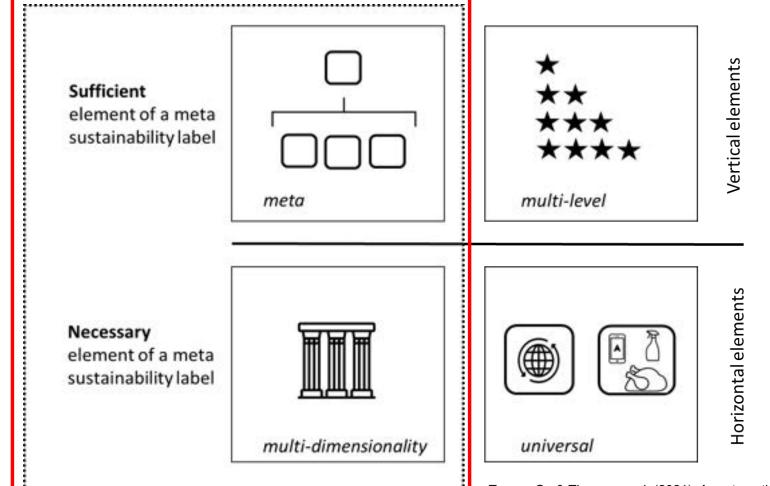
Benefits

- Amplifying positive effects
- Better understanding
- Mitigation of negative effects
- Further benefits

Disadvantages

- Amplifying negative effects
- More confusion
- Amplifying negative effects
- Further disadvantages

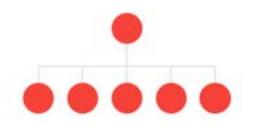
WHAT DEFINES A META SUSTAINABILITY LABEL?

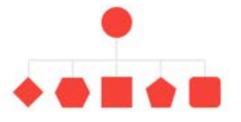


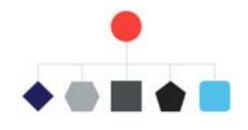
Minimal characteristics of a meta sustainability label

Torma, G., & Thøgersen, J. (2021). A systematic literature review on meta sustainability labeling—What do we (not) know?. *Journal of Cleaner Production*, 293, 126194.

BRAND FAMILY LOGOS







Branded House

Main brand is most prominent with subbrands clearly taking a second tier

Coke, Diet Coke



Sub-Brands

There is a clear association with the master brand, but sub-brands stand on their own

Virgin, Virgin Atlantic, Virgin Mobile



Endorsed Brands

The parent brand is in the background, but sub-brands gain from their association with it

3M, Scotch, Post-It



House of Brands

Most people aren't aware the sub-brands are from the holding company

Unilever, Dove, Breyers, Vaseline



Source: https://adpearance.com/blog/creating-logos-for-a-brand-family/

SUSTAINABLE DEVELOPMENT GOALS

Meta label

SUSTAINABLE GALS





































Common family label design



















Knækrisblanding lanceres med Nordic Food Partners

Folkekirkens Nødhjælp har i samarbejde med Salling Group og Nordic Food Partners lanceret produktet Økologisk Aromatisk Ris. Knækrisblandingen indeholder 50 % knækkede basmatiris, der ellers sorteres fra under produktion, og bidrager derved til bekæmpelse af madspild.

Læs mere









EXPERIMENTAL DESIGN

- $2 \times 2 \times 2 \times 3$
- label × COO × roasting × price
- Fractional factorial design
- 8 choice sets with
- 4 choice alternatives each
- Between-subject-design
- 4 different labelling conditions

Representative sample ~500 participants per country (USA, Germany)

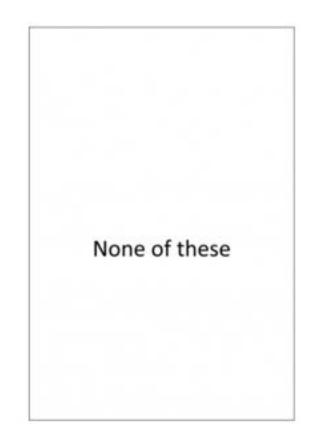
Attribute	Levels
Labelling	Label
	No label
Country of origin	Colombia
	Ethiopia
Roasting	Dark
	Medium
Price	Low
	Medium
	High

Choice set example, German, label condition 1









Four different label conditions - Germany

Condition 1
Traditional

Condition 2 **New design**

Condition 3 **Traditional + meta**



Condition 4
New design
+ meta











RESULTS – DIRECT EFFECTS

- In both countries, consumers preferred a labelled, medium roasted coffee from Colombia at the lowest price
- Labelling and price being the most important product attributes in both countries
- The importance of labelling and price in Germany is even more striking
- Respondents prefer sustainability-labelled products over not labelled products

RESULTS – INTERACTION & MODERATION

 USA -A meta sustainability labelling communicated as a family design line scheme outperforms traditional labelling among consumers in general



- GERMANY Different consumer segments prefer different meta labelling designs
 - More positive perception of SL prefer adding a meta label to traditional labelling



More subjectively knowledgeable prefer the new design with family design line



 More confused consumers prefer the new design with family design line and meta label added





CONTRIBUTION

Is a **meta sustainability label** a potentially useful tool for sustainability transformation?

- First empirical evidence
- More research needed
- Pushing the debate



DEPARTMENT OF MANAGEMENTAARHUS UNIVERSITY

Testing effectiveness of climate labels on consumer choice

Assisting the national workng group for a Danish Climate Label through experimentation

Catrine Normann, Danish Consumer Policy Division – April 19th 2023



Purpose of the test:

Which type of climate label helps consumers to more climate friendly shopping?



Two labels to guide consumers

Best-in-class label

- Compares products within product categories
- 19 categories with med animal based and vegetarian products as seperate categories.

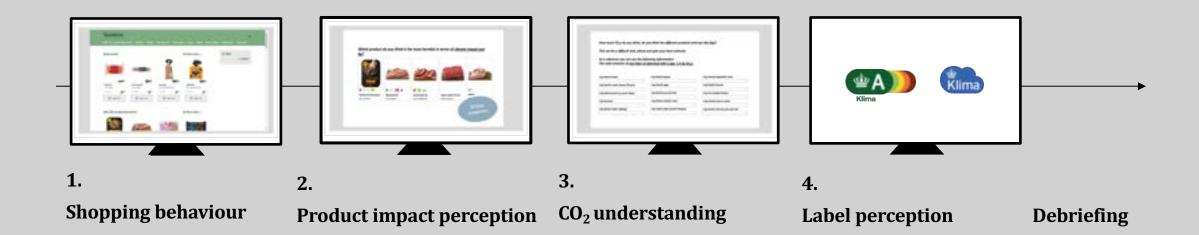


Scale (trafic light)

- Compares products across the entire supermarket
- Five levels with an exponentially increasing thresholds.



Experimental flow



Butikken



l alt 0,00 kr.

☆ Kurv

Kød, fisk og kød alternativer Kolonial Pålæg Færdigretter Grøntsager Frugt Mejeri Brød og kiks Drikkevarer Frostvarer

Brød og kiks



Burgerboller 320 g / Hatting

Pr.kg-62,50

20™











Kød, fisk og kød alternativer







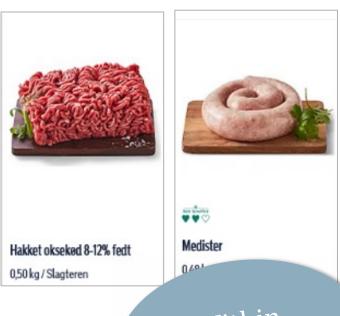


Which product do you think is the least harmful in terms of <u>climate impact per kg?</u>









Within categories

Which product do you think is the least harmful in terms of <u>climate impact per kg?</u>











Across categories

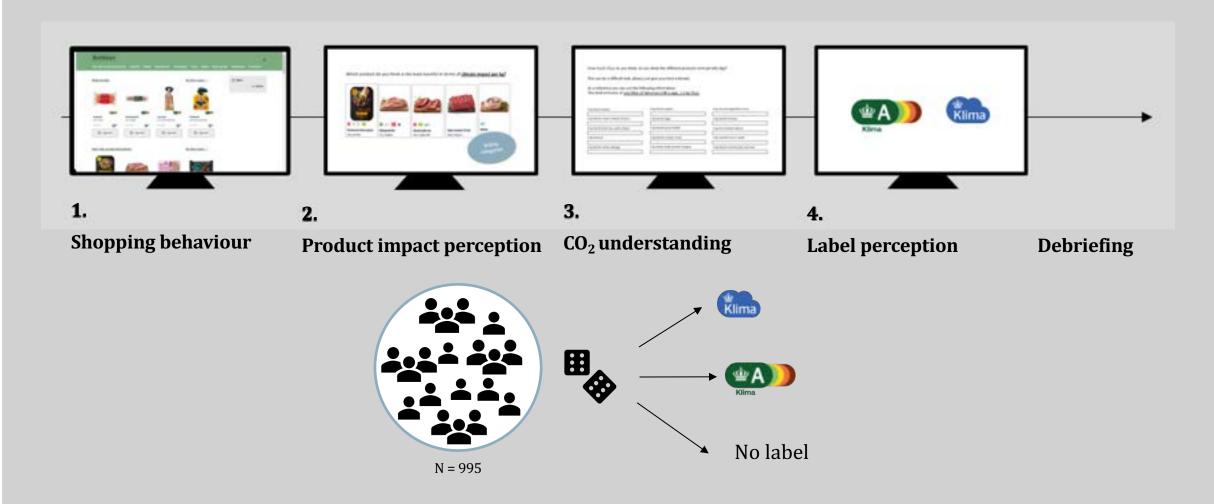
How much CO₂e du you think, do you think the different products emit per kilo (kg)?

This can be a difficult task, please just give your best estimate.

As a reference you can use the following information: The total emission of <u>one litter of skimmed milk is app. 1.5 kg CO₂e.</u>

1 kg Danish butter	1 kg Danish apples	1 kg minced vegetable mince
1 kg Danish cream cheese (25 pct.)	1 kg Danish eggs	1 kg Danish honney
1 kg Danish pork (e.g. pork chops)	1 kg Danish ground beef	1 kg hot-smoked salmon
1 kg bananas	1 kg Danish chicken meat	1 kg canned tuna in water
1 kg Danish white cabbage	1 kg ready-made spinach lasagna	1 kg Danish minced pork and veal

Experimental flow

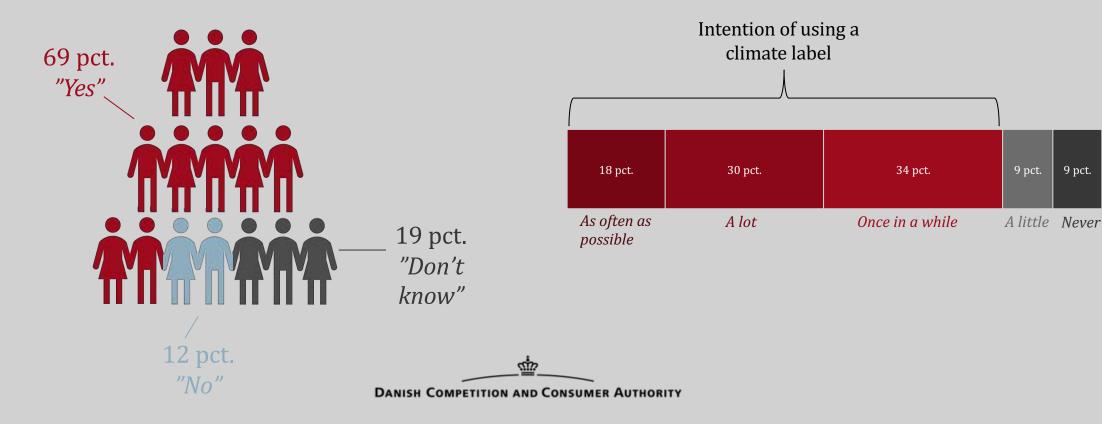


Results



Consumers would like to know products' climate footprint

Do you think the climate footprint of a product should be stated in the supermarket?

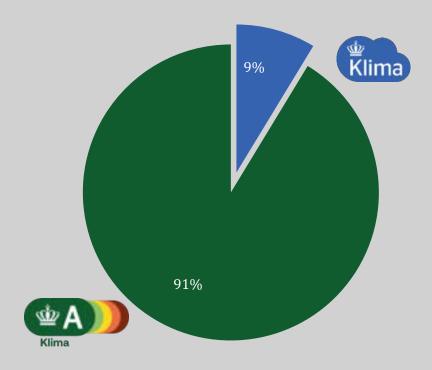


9 pct.

9 pct.

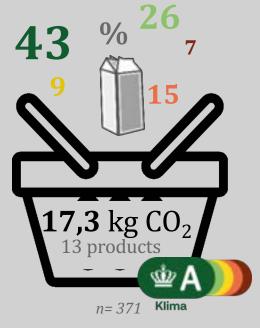
Consumers have a clear preference towards the scale

Which type of climate label do you think best guides you?





Climate labels alone do not reduce the amount of CO₂ in the shopping carts



1,22 CO₂ pr. produkt



1,19 CO₂ pr. produkt

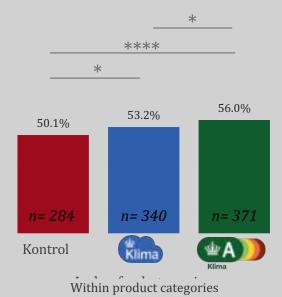


1,31 CO₂ pr. produkt



The scale enables more consumers to identify climate-friendly alternatives

Share of consumers, who correctly identify the product with the least harmful climate impact



 $Chi^2 = 11.18$, df = 3, p-value = 0.01

Across product categories

Chi² = 22.72, df = 3, p-value < 0.001

n = 340

63.8%

62.1%

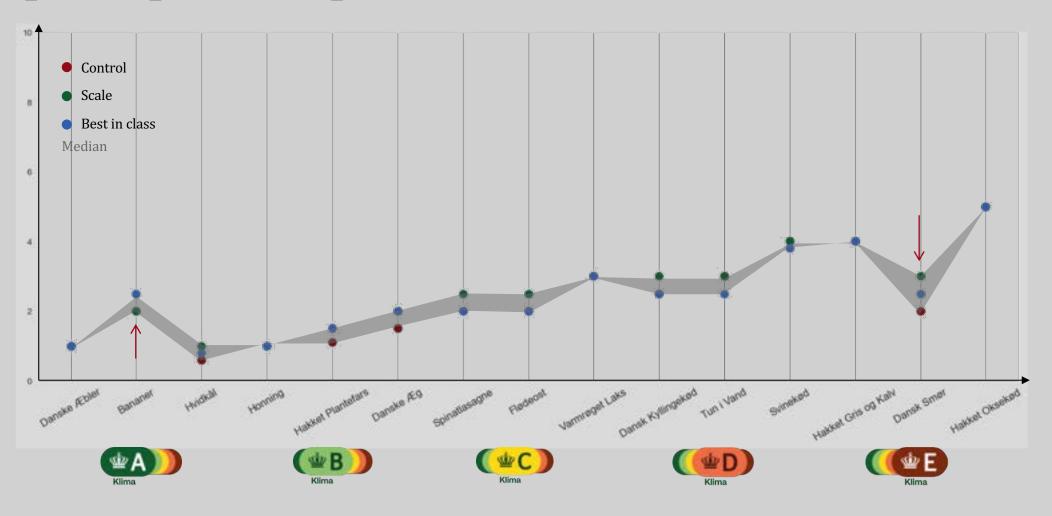
n = 284

Kontrol

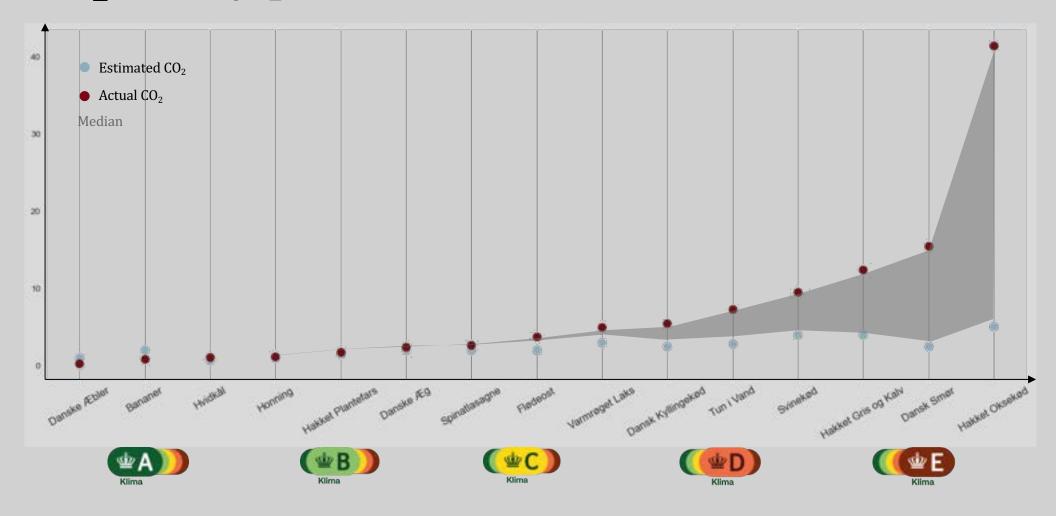
69.2%

n = 371

The labels do not change consumers perception of product-emission

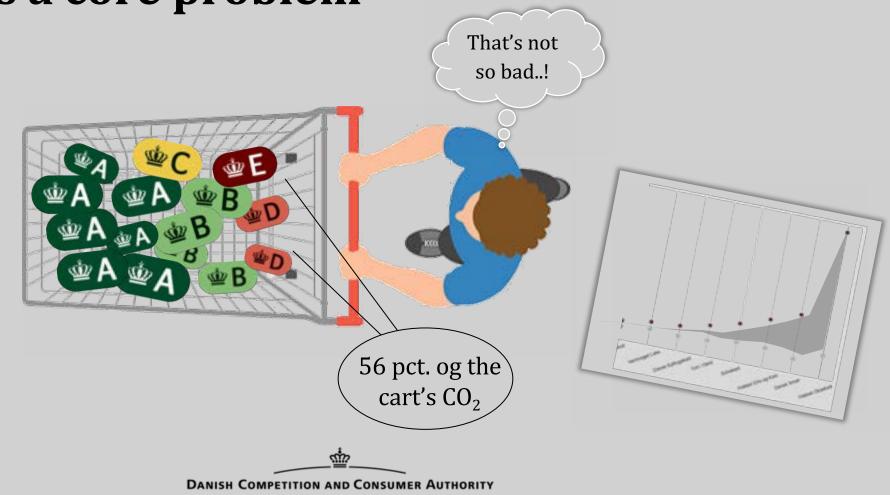


Consumers highly mis-judge the footprint of CO₂-heavy products



What is the problem?

The tested version of the scale does not address a core problem



Key take away:

The scale out-performs Best in class, but it does not address a core consumer problem

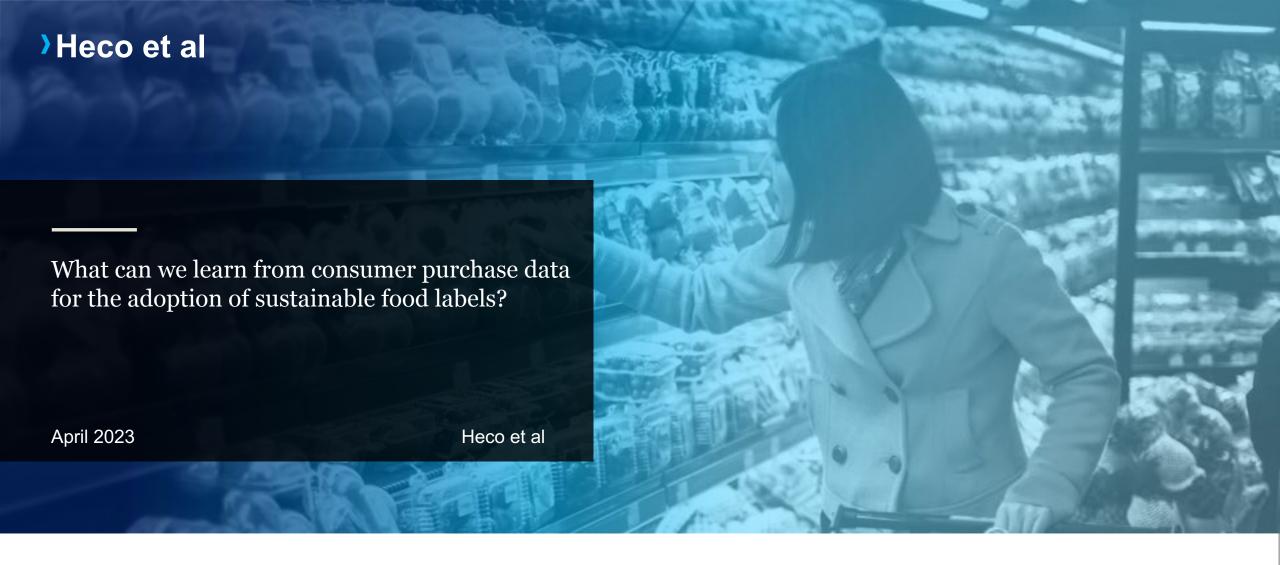
- Consumers have a clear preference for the scale
- The scale helps consumers to better identify climate-friendly alternatives
- The tested scale does not correct the assymetry between how much the consumers think CO₂-heave products emit and the actual footprint of these products

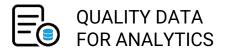


Thank You!

Catrine Normann cnj@kfst.dk



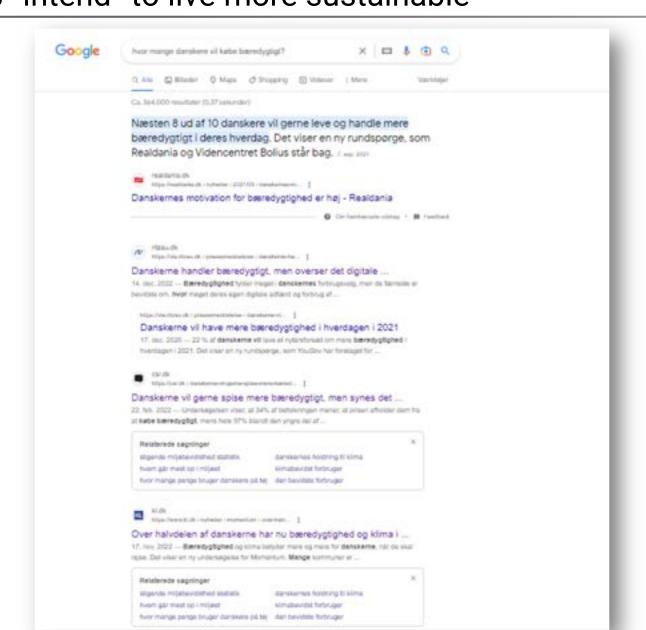








INTENTIONS AND OPINIONS | A simple Google search for "Opinion studies" show that Danes "intend" to live more sustainable

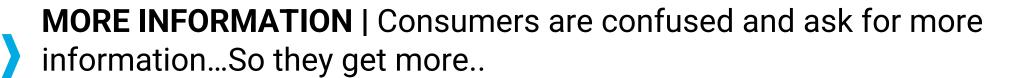




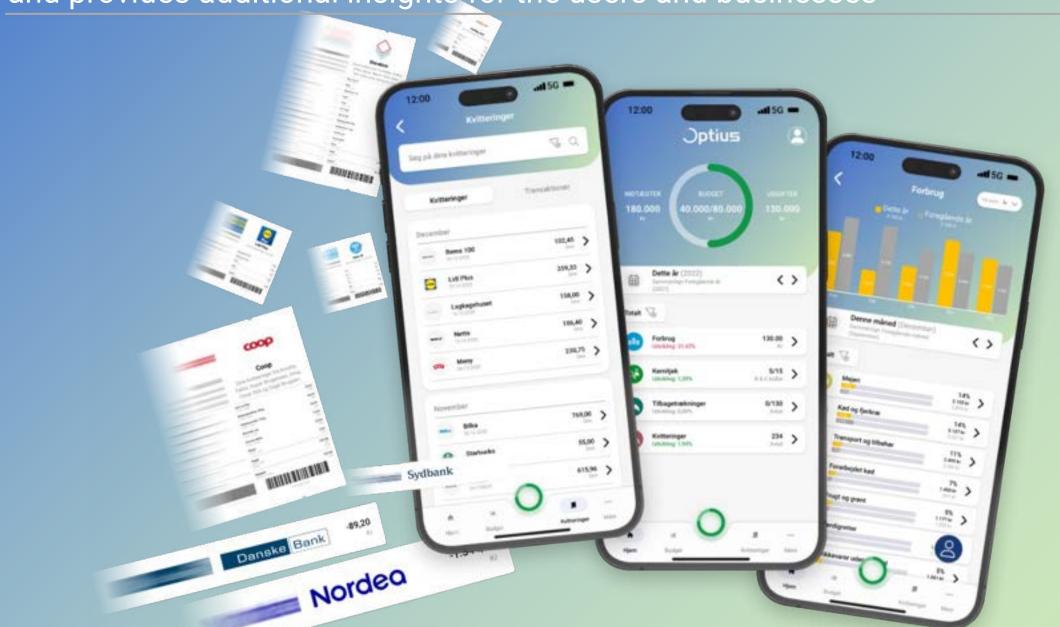
LABELS | And consumers are met with >250 different labels in EU and >450 worldwide...

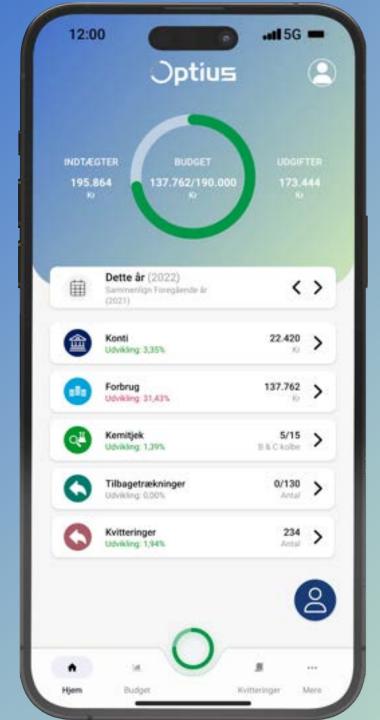




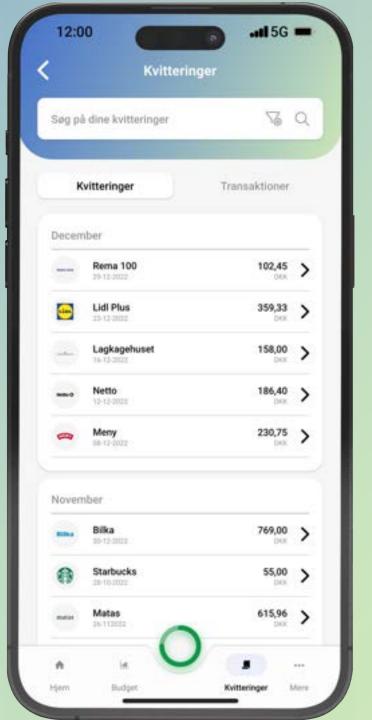


"...5.000 users that uses Coops app on the daily basis has 10% less climate impact than the other Coop customers..." ENHANCED DIGITAL RECEIPTS Optius gathers all your digital receipts in one place and provides additional insights for the users and businesses





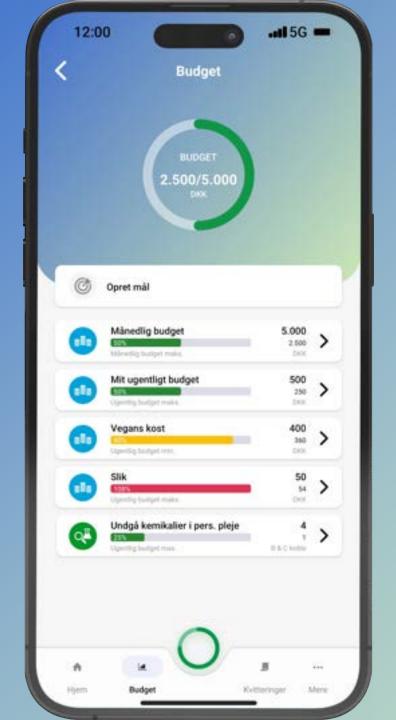




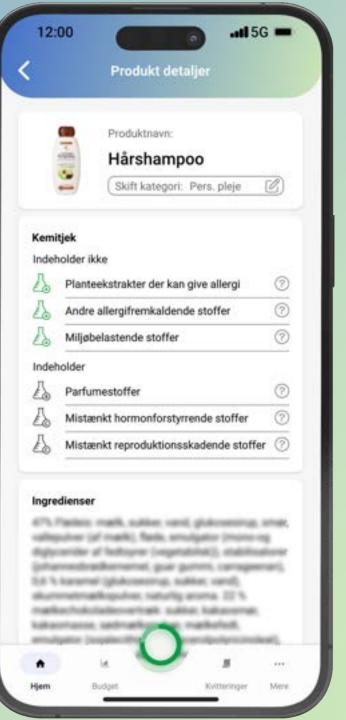












ROUND TABLE

WHAT WILL MAKE A SUSTAINABILITY FOOD LABEL SUCCESSFUL?









Marcia Dutra de Barcellos Ghent University, UFRGS



Michael Minter **CONCITO**

Post your questions on menti.com (code 1284 5437)





